



It's a Wonderful Life

By Laura Hogan

Many years ago, I lost someone important to me to suicide. It was an awful experience that will always affect me and the others who knew and loved him. The suicide happened around Christmas. The holidays can be a difficult time for many.

It's A Wonderful Life is one of my favourite movies. It is one of my favourite Christmas movies. I stopped watching it for many years because it was too much of a painful reminder. I have started watching it again.

Life can be hard. The holidays can be hard.

But remember, It's A Wonderful Life because you are in it.

Be kind to yourself and others during the holidays.

It's a Wonderful Life

Sizing - A Woman's Medium

Finished Measurements and Circumference— Foot and Leg Length can be adjustable

Gauge— in pattern 8 stitches per inch, in stockinette stitch 7 stitches per inch

Materials – Ellie and Ada Merino Nylon Sock Yarn 100g

Or

Ellie and Ada High Twisted Sock 100g

Needles— 2.25 mm Long circulars or whatever needles needed to get gauge)

This pattern was written with the Magic Loop method, in mind, but can be easily modified to use dpns if preferred.

Notions— stitch markers, darning needle, row counter (optional)

Method—

This sock is knitted with magic loop and is knitted from cuff to toe, top to down.

At points, the pattern will refer to Needle 1 and Needle 2.

Needle 1 will refer to the first half of the stitch pattern – the first 32 stitches and the instep.

Needle 2 will refer to the second half of the stitches, the last 32 stitches. Later, it will become the sole stitches. I always put a marker or safety pin in the cuff, so to mark this is Needle 2 and once I finish working the stitches on this needle, I know that my round is completed.

Later on in the pattern, on Needle 2 you will be placing your stitch marker to mark the beginning and the end.



Cuff-

Cast on 64 Sts using the long tail cast on. Cast on loosely. Divide evenly for magic loop – 32 Sts on each needle. Join in the round. Be careful not to twist your Sts.

Knit 1 x 1 Twisted Rib for one inch/2.5 cm- K1tb1, p1 for 1inch/2.5cm

Set up Round-

P2, *K4, P4, repeat from * to the last 2 Sts, P2

Note – if using a contrasting heel and cuff

Knit cuff with CC. Change to MC. Knit one round with MC, knit set up row then proceed to knit in pattern.

Pattern-

Row 1 – P2, *TW2R, TW2L, P4* repeat from * to the last 2 Sts, P2

Row 2 – P2, *K4, P4, repeat from * to the last 2 Sts, P2.

(Knit all the K Sts. Purl all the P Sts.)

Row 3 – P2,* TW2L, TW2R, P4, repeat from the * to the last 2 stitches, P2.

Row 4 – Repeat Row 2

(For Green Sample, I knitted the cuff for 1 inch/2.5cm. I repeated rows 1-4, 9 times. The sock from cast on edge measured approx. 4 inches. The Yellow Sample, I knitted rows 1-4, 14 times.)



Set Up Round for Heel Flap-

For the next 32 stitches - P2, *TW2R, TW2L, P4, Repeat from * until the last 2 sts, P2 (needle 1)

Work your heel flap on the next 32 sts. (Needle 2) Needle 2 has the safety pin/marker.

Heel Flap-

Row 1 - *Sl 1, K1, repeat from * to the end

Row 2 - Sl 1, P32 Sts Repeat these 2 rows 15 more times. That is a total of 32 rows altogether.



Shaping the Heel—

Row 1 – S11, K17, Ssk, K1, turn

Row 2 – S11, P5, P2Tog, P1, turn

Row 3 – S11, K6, Ssk, K1, turn

Row 4 – S11, P7, P2Tog, P1, turn

Row 5 – S11, K to 1 st before the gap, Ssk, K1, turn

Row 6 – S11, P to 1 st before the gap, P2Tog, P1, turn

Work Rows 5 and 6 until you have 1 st remaining unworked on either side of the heel.

Next Row – S11, K to the last 2 Sts, Ssk, turn

Next Row – S11, P to the last 2 Sts, P2Tog, turn

There are 18 Sts remaining on that needle. I place a stitch marker in the middle of these 18 Sts. This marks the beginning and end of my round.



The marker placed here, marks the beginning and the end of your round.

Gusset-

(Needle 2) Knit 18 Sts. (alternatively, if you didn't place a marker yet K9, PM, K9)

Pick up 18 Sts along the heel flap. (It is easier, if you pick up Sts in the slipped stitches at the end of the heel flap. There will be about 17 Sts but the extra St does help with the gap between the heel flap and the top of the foot.) You can place a marker here if you like or these Sts are kept separately from the instep by magic loop. I like to keep my instep and sole of stitches divided by using magic loop. So I don't actually place a marker here.

Work the instep (the top 32 Sts that you were not working on as you knitted and worked up your heel flap - Needle 1)

(You can place another marker here if you like to, after working the instep Sts. I don't, personally.)

Pick up 18 Sts along the right side of the heel flap. Again, there are 17 slipped stitches. Pick up an extra stitch to pick up a stitch to bridge the gap between the instep and the gusset/heel flap.

So, to recap – you originally have 18 stitches from shaping your heel flap, you will be picking up 18 stitches along the left side of the heel flap. Then you will be knitting the instep stitches (32 stitches) and then you are picking up the other side of the heel flap, another 18 stitches.

The amount of stitches - instep stitches will equal 32 stitches and sole stitches will equal 54 stitches.

K to the marker. This is the beginning of your round.

Shaping the gusset-

Round 1) K to 3 Sts just before the instep, (or before the marker that you might of have optionally placed) k2tog, K1. (Needle 2) K 32 Sts instep in pattern (Needle 1), k1, ssk, knit to marker. (Needle 2)

Round 2) K to marker or instep, K 32 instep Sts in pattern, k to the end of the round.

Continue working rounds 1 and 2 until you have 32 sole Sts.

Or another way of saying this is:

Round 1) K to the 3 Sts just before the instep, K2Tog, K1. K 32 Sts instep in pattern, K1, Ssk, knit to marker.

Round 2) K to instep (or to marker). K instep in pattern. K to the end of the round.

Continue working rounds 1 and 2 until you have 32 sole Sts.

Knit the Foot—

K the instep in pattern (The instep is Needle 1) and the sole stitches in stocking stitch/stockinette stitch. (The sole is Needle 2). Continue in pattern until the foot measures 2 inches/5 cm less than desired length. Ending with row 3 of pattern.

Shaping the Toe—

Round 1) K to the last 3 stitches of the sole stitches, k2Tog, k1, (now you are knitting the instep stitches) k1, Ssk, k to last 3 stitches of the instep stitches, k2Tog, k1, (now you are knitting the last part of the sole stitches) k1, Ssk, K to the end of the round.

Round 2) K the round.

Continue until you have 12 stitches on both needle one and needle 2. (total of 24 Sts on the 2 needles)

Use the Kitchner stitch to graft the Sts together



Abbreviations—

CC – Contrasting Colour

MC – Main Colour

K - Knit

P – Purl

PM – Place Marker

P2 Tog – Purl 2 Sts together

Sl – Slip

Sl1 – Slip one stitch purlwise

Ssk – Slip next two stitches singly to right hand needle knitwise, insert tip of left needle through front loop of both stitches and knit together.

St/Sts – Stitch/Stitches

TW2R – Pass needle in front of first stitch, knit second stitch, knit first stitch and slip both stitches off needle

TW2L – Pass needle behind first stitch, knit second stitch, knit first stitch and slip both stitches off needle.

K1tbl, p1 - Twisted Rib – Worked in the round over an even amount of stitches.

Round 1 – [K1tbl,p1] to the end of the round.

Every round is the same.